15. Warsteiner Möhnesee Triathlon

am 19. August 2006

Kreismeisterschaften – Hellweg Cup

1.500 m / 40 km / 10 km

E R G B N I S S L I S T E

Männer

Plz	SNr	Name	Vorname	Verein	JG	Schwimm	Rad	Lauf	Endzeit
1.	267	Burholt	Andre	Marathon Soest	65	00:24:28	01:21:43	00:43:44	02:29:55
2.	279	Fleer	Ralf	Tri-Speed Marienfeld	61	00:30:48	01:19:56	00:40:47	02:31:31
3.	325	Kellner	Norbert	Marathon Soest	55	00:29:57	01:20:21	00:43:06	02:33:24
4.	307	Radmacher	Ingo	LG-Deiringsen	77	00:30:17	01:27:35	00:37:20	02:35:12
5.	210	Zerrath	Uwe	3athlon.org	70	00:25:39	01:25:34	00:47:29	02:38:42
6.	313	Hesse	Jan		83	00:00:00	01:52:21	00:47:40	02:40:01
7.	314	Bömer	Hubertus	Marathon Soest	57	00:29:44	00:00:00	02:11:02	02:40:46
8.	276	Bergmann	Helmut	Marathon Soest	55	00:27:04	01:29:34	00:44:33	02:41:11
9.	298	Heifort	Frank	Feuerwehr Körbecke	63	00:29:33	01:25:28	00:46:47	02:41:48
10.	287	Beule	Frank	Marathon Soest	65	00:34:08	01:20:51	00:49:02	02:44:01
11.	208	Haake	Torsten		70	00:29:53	01:26:28	00:48:33	02:44:54
12.	282	Trojan	Michael	Medifit Werl	59	00:34:53	01:18:50	00:52:54	02:46:37
13.	241	Müller	Thomas		68	00:31:30	01:28:31	00:49:03	02:49:04
14.	278	Ostkamp	Hans-Günther		54	01:37:37	00:50:45	00:27:13	02:55:35
15.	296	Ricken	Karl-Heinz	Marathon Soest	58	00:38:06	01:35:58	00:47:54	03:01:58
16.	315	Menze	Dr. med Jürgen	Bad Waldliesborn	63	00:00:00	02:12:31	00:51:20	03:03:51
17.	244	Fischer	Bernard	tri-as hamm	51	00:39:24	01:42:20	00:50:49	03:12:33
18.	281	Schomacker	Thomas		76	00:37:56	01:37:30	00:57:14	03:12:40
19.	295	Schneider	Markus	Marathon Soest	70	00:36:53	01:37:41	00:58:18	03:12:52
20.	224	Rentsch	Martin	Tri-Team-Hagen	61	00:35:53	01:37:16	00:59:44	03:12:53

Frauen

Plz	SNr	Name	Vorname	Verein	JG	Schwimm	Rad	Lauf	Endzeit
1.	330	Schwalbe	Melanie	1. Tri-Club Paderborn	79	00:25:36	01:20:16	00:41:17	02:27:09
2.	335	Kiel	Silvia	Tri-Speed Marienfeld	62	00:36:41	01:39:25	01:00:39	03:16:45
3.	336	Wolke	Annegret	LTV Lippstadt	65	00:39:54	01:45:19	00:57:59	03:23:12
4.	328	May	Heidrun	SV Hilbeck	63	00:39:58	01:49:29	01:00:28	03:29:55