

15. Warsteiner Mönesee Triathlon

am 19. August 2006

Kreismeisterschaften – Hellweg Cup

500 m / 20 km / 5 km

ERGEBNISSLISTE

Männer

Plz	SNr	Name	Vorname	Verein	JG	Schwimm	Rad	Lauf	Endzeit
1.	702	Hölscher	Thomas	Marathon Soest	68	00:10:10	00:43:02	00:20:27	01:13:39
2.	584	Schrage	Burkhard	Eintopf Wickede (Ruhr)	78	00:12:59	00:41:29	00:19:12	01:13:40
3.	676	Favourite- Haselhorst	Martin	DJK Werl	65	00:14:18	00:42:37	00:17:50	01:14:45
4.	445	Notzon	Christoph	Werl - Westönnen	80	00:10:13	00:44:54	00:20:42	01:15:49
5.	610	Breulmann	Marc	Marathon Soest	82	00:12:07	00:44:42	00:19:36	01:16:25
6.	437	Glennemeier	Jens	flinke-fuesse.de	72	00:14:11	00:43:22	00:19:42	01:17:15
7.	594	Jesse	Matthias	LG Menden	73	00:12:19	00:44:33	00:20:40	01:17:32
8.	500	Razem	Christopher	Fit for Fire Feuerwehr Günne	75	00:12:29	00:43:58	00:21:14	01:17:41
9.	411	Rammelmann	Stephan	privat	69	00:11:23	00:45:07	00:21:33	01:18:03
10.	568	Nölken	Dirk	Kleingartenverein Soest Süd	61	00:11:09	00:44:10	00:23:04	01:18:23
11.	489	Dr. Kaiser	Thilo Peter		74	00:12:01	00:46:20	00:20:45	01:19:06
12.	510	Luig	Rüdiger		68	00:13:23	00:42:07	00:23:41	01:19:11
13.	520	Keiper	Matthias	TuS GW Allagen	65	00:13:21	00:45:40	00:20:35	01:19:36
14.	631	Schulte	Friedrich	Höinger SV	57	00:15:28	00:43:15	00:20:56	01:19:39
15.	738	Menzel	Simon	TriCops Warstein	82	00:12:38	00:00:00	01:07:11	01:19:49
16.	741	Bürger	Jörg		78	00:18:15	00:39:42	00:22:00	01:19:57
17.	580	König	Marius	Sport am See	89	00:14:25	00:43:35	00:23:08	01:21:08
18.	485	Uhlmann	Jörg	SSC-Wickede	69	00:13:01	00:45:34	00:23:00	01:21:35
19.	678	Orban	Guido		66	00:12:16	00:46:25	00:23:12	01:21:53
20.	627	Brüggemann	Christoph	BC 70 Soest	69	00:13:15	00:43:56	00:24:45	01:21:56
21.	629	Gerke	Michael	Sponsor - LVM Warstein	65	00:14:57	00:44:18	00:22:48	01:22:03
22.	633	Brunstein	Jürgen	Feuerwehr Bettinghausen	76	00:14:15	00:45:22	00:22:32	01:22:09
23.	470	Klein	Hans	Breitensport DJK Büderich	67	00:14:09	00:45:02	00:23:59	01:23:10
24.	590	Bischoff	Karsten	Westönnen	65	00:11:53	00:46:40	00:24:56	01:23:29
25.	453	Bewersdorff	Michael	DJK Grün-Weiß Werl	63	00:13:33	00:46:58	00:23:02	01:23:33
26.	536	Gießau	Reiner	Sportfreunde Werler Süden	60	00:13:28	00:46:20	00:23:46	01:23:34
27.	503	Preker	Benedikt	Budberg-Büderich-Werl	77	00:11:34	00:45:39	00:26:30	01:23:43
28.	647	Bilke	Karl-Friedrich		77	00:12:17	00:47:59	00:23:44	01:24:00
29.	497	Unruh	Helge	SC Neuengeseke II	73	00:16:24	00:45:04	00:22:42	01:24:10

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30.	532	Michel	Burkhard	DJK Werl	70	00:12:57	00:44:14	00:27:00	01:24:11
31.	570	Deckert	Mike	Marathon Soest	67	00:16:25	00:45:12	00:22:51	01:24:28
32.	607	Overhage	Bernd	Gemeinde Mönnesee	63	00:12:33	00:46:47	00:25:40	01:25:00
33.	484	Wrede	Dietmar	TV Wickede	69	00:13:54	00:47:21	00:24:12	01:25:27
34.	433	Behre	Edgar	Lauftreff-Soest.de	59	00:11:33	00:46:00	00:27:58	01:25:31
35.	680	Schwidtal	Jan Marc	STV	90	00:15:08	00:49:49	00:21:27	01:26:24
36.	684	Lensch	Peter	Soester Eishockeygemeinschaft	65	00:00:00	00:00:00	01:26:30	01:26:30
37.	608	Bigge	Christoph		61	00:00:00	00:49:50	00:36:46	01:26:36
38.	694	Leifert	Bernd	Dai Klaukschuiters	80	00:16:22	00:47:17	00:23:05	01:26:44
39.	521	Donner	Franz-Thomas	Lippstadt	65	00:17:37	00:46:17	00:23:03	01:26:57
40.	617	Matheus	Carsten		74	00:12:10	00:50:59	00:24:01	01:27:10
41.	491	Burghard	Rainer	LTV Lippstadt	66	00:13:07	00:50:36	00:23:37	01:27:20
42.	634	Möller	Heinz	Marathon Soest	41	00:16:55	00:47:22	00:23:32	01:27:49
43.	619	Gethmann	Detlev	RSV - Werl	63	00:19:00	00:44:31	00:24:45	01:28:16
44.	479	Schulte	Thomas		62	00:16:12	00:46:28	00:25:39	01:28:19
45.	596	Hubert	Stauvermann		53	00:17:28	00:46:40	00:24:16	01:28:24
46.	575	Sauer	Bernd	Höinger SV	59	00:16:19	00:49:29	00:22:44	01:28:32
47.	690	Eiling	Thorsten		79	00:15:31	00:46:32	00:26:32	01:28:35
48.	636	Wilshaus	Gerd		58	00:20:18	00:43:20	00:25:06	01:28:44
49.	432	Steven	Franz	BSG JVA Werl	61	00:18:35	00:46:20	00:23:52	01:28:47
50.	637	Herbst	Rainer	SV Völlinghausen	68	00:19:32	00:45:47	00:23:46	01:29:05
51.	495	Langenhorst	Andreas	SSC Wickede	62	00:18:34	00:46:24	00:24:12	01:29:10
52.	423	Arens	Marc	KJG Mü/Si/Wa	84	00:12:31	00:51:36	00:25:15	01:29:22
53.	550	Ebbert	Gregor	SV Völlinghausen	67	00:19:19	00:44:54	00:25:53	01:30:06
54.	576	Just	Helge	Soester TV	62	00:15:17	00:50:07	00:24:53	01:30:17
55.	638	Kemper	Burkhard	LVM Warstein	63	00:16:42	00:48:24	00:25:19	01:30:25
56.	683	Essler	Michael		65	00:20:03	00:46:37	00:23:59	01:30:39
57.	414	Schnöde	Rudolf Johannes		66	00:19:03	00:46:45	00:27:18	01:33:06
58.	507	Schulte	Walter	tus niederense	60	00:17:16	00:48:38	00:27:25	01:33:19
59.	569	Bornhold	Werner	SSC Wickede	59	00:17:48	00:48:50	00:27:47	01:34:25

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60.	554	Reinke	Christian	SSC Wickede	84	00:16:52	00:53:49	00:23:48	01:34:29
61.	579	Zadach	Ulrich	DJK Mellrich	65	00:18:28	00:51:13	00:25:00	01:34:41
62.	499	groß	matthias		69	00:20:12	00:47:57	00:26:44	01:34:53
63.	535	Schulte	Burkhard		57	00:14:51	00:53:24	00:27:23	01:35:38
64.	442	Meuth	Ludwig	Kegelkiller Allagen	62	00:19:21	00:44:26	00:32:21	01:36:08
65.	477	Ulbrich	Hubert	Ski-Club Werl	56	00:00:00	01:12:09	00:24:03	01:36:12
66.	567	Kirchhoff	Eckhard	LG-Deiringsen	59	00:18:34	00:51:13	00:26:31	01:36:18
67.	618	Brickmann	Stephan	BC70 Soest	76	00:18:35	00:51:57	00:25:50	01:36:22
68.	546	Siekmann	Daniel	Team Hella KG aA	75	00:14:19	00:54:24	00:27:43	01:36:26
69.	424	Radojewski	Eckhard	SC Stockum	67	00:19:15	00:50:42	00:26:38	01:36:35
70.	486	Bollack	Wolfgang	SSC Wickede	53	00:20:52	00:51:59	00:25:14	01:38:05
71.	458	Ociepa	Dieter	Taem Medico-Sportzentrum	60	00:17:26	00:51:13	00:29:35	01:38:14
72.	731	Windmeier	Jürgen		55	00:20:41	00:51:50	00:26:29	01:39:00
73.	581	Dorfschmidt	Thomas	Radbod Runners Hamm	69	00:19:08	00:53:42	00:26:20	01:39:10
74.	474	Zeppenfeld	Klaus	DJK GW Werl e.V.	63	00:19:26	00:49:39	00:30:54	01:39:59
75.	725	Betten	Hubert		67	00:21:18	00:54:48	00:27:02	01:43:08
76.	436	Peters	Markus	Friends Neheim	74	00:21:37	00:54:24	00:27:15	01:43:16
77.	587	Tiemann	Marcus		75	00:15:05	01:01:17	00:27:00	01:43:22
77.	578	Morfeld	Heinz-Georg	Polizei Soest	54	00:00:00	00:00:00	01:43:22	01:43:22
79.	613	Schilke	Tobias	SSC-Wickede	82	00:18:43	00:52:17	00:33:25	01:44:25
80.	708	Dr. Gaschler	Franz	Marienkrankehaus Soest	51	00:20:46	00:55:19	00:29:00	01:45:05
81.	417	Eichelberg	Uwe	Blau-Weiß Büderich	68	00:22:07	00:56:56	00:27:13	01:46:16
82.	723	Biernoth	Dirk	VfS 59 Warstein e.V.	69	00:17:42	01:05:16	00:29:17	01:52:15
83.	639	Henke	Theo	Schützenverein Altenmellrich	58	00:21:42	01:01:55	00:31:29	01:55:06
84.	599	Zinn	Thomas		74	00:19:42	01:15:00	00:32:48	02:07:30
85.	603	Bock	Olaf	RK-Mönnesee	66	00:21:22	01:17:09	00:33:13	02:11:44

Frauen

Plz	SNr	Name	Vorname	Verein	JG	Schwimm	Rad	Lauf	Endzeit
1.	783	Rosenthal	Ruth	LG Deiringsen	69	00:10:37	00:51:24	00:21:22	01:23:23
2.	798	Riemann	Bettina		72	00:15:10	00:50:57	00:23:07	01:29:14
3.	794	Möller	Ulrike	Gemeinde Mönnesee	66	00:14:16	00:48:44	00:27:03	01:30:03

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Plz	SNr	Name	Vorname	Verein	JG	Schwimm	Rad	Lauf	Endzeit
4.	806	Schwidtal	Anja	Marathon Soest	64	00:15:15	00:51:20	00:24:26	01:31:01
5.	767	Sülzle	Eva		85	00:13:54	00:54:50	00:25:52	01:34:36
6.	786	Kneer	Sabine		83	00:14:29	00:57:23	00:28:29	01:40:21
7.	791	Mester	Claudia	LG Hellweg-Region	72	00:15:59	00:58:56	00:30:50	01:45:45
8.	758	Rodehüser	Ute	Kegelkiller Allagen	66	00:17:11	00:59:42	00:29:26	01:46:19
9.	754	Meuth	Angelika	Kegelkiller Allagen	62	00:20:06	00:56:22	00:30:39	01:47:07
10.	789	Bigge	Petra		63	00:42:51	00:46:50	00:23:55	01:53:36
11.	775	Petri	Sonja		75	00:15:04	01:06:08	00:34:13	01:55:25
12.	771	Klemann	Birgit		52	00:19:42	01:07:29	00:34:42	02:01:53
13.	755	Seippel	Petra		66	00:18:46	01:09:33	00:33:37	02:01:56
14.	787	Reinke	Corinna	SSC Wickede	88	00:17:25	01:13:33	00:33:27	02:04:25
	804	Egyptien	Karin	Conrad-von-Soest-Gymnasium	64	00:00:00	00:00:00	00:00:00	Nicht am Start